



Triathlon and Spiritual Transformation

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Spiritual What?

- **Transformation**
 - **Defined by Webster's: *an act, process, or instance of transforming or being transformed***
 - **Romans 12:2**
the renewal of your mind



How does this happen?

- **Spiritual Conversion**

- **John 3:3**

- To be Born Again**

- **Done to us, not by us – Grace by Faith**

- **Ephesians 2:1-5**

- You don't decide to be converted, God chooses you!**



Marks of True Conversion

- **Affection for Jesus**

1 Peter 1:3, 8

A sense in your soul for Jesus a deep profound love

- **Transformed Desires**

2 Cor 5:17

God has spoken life into you. ex – praying, reading the bible, singing out loud, - true desires that were not there before

- **Obedient Life Style**

1 John 2:4-6

You can see the behaviour in your life changing



Why????

- **Christians are a sent people**

John 4:34

Doing the will of God

- **Disciple making**

Matthew 28:18-19

Make disciples of all nations

- **Reaching the lost**

Luke 19:10

Seeking the lost



Does contextualization matter?

- **Contextualization**

Websters definition: *to place in a context, context = the interrelated conditions in which something exists or occurs.*

- Depending on the person / group - the way you communicate the Gospel matters.

“The gospel must be contextualized in a way that is accessible to the culture and faithful to the scriptures, God's people must continually review their presentation of the gospel to ensure that the form in which they present it is the most effective one.” – Mark Driscoll *The Radical Reformation*.



The Chief End of Man

- **The Chief End of Man**

From The Westminster Shorter Catechism:

Man's chief end is to glorify God, and to enjoy him forever.

- **Are you Glorifying God?**
- **What does it look like to enjoy God?**



Review

- **Transformation** – renewing your mind
- **Spiritual Conversion** – Done to us
- **Christians** – we are a sent people
- **Contextualization** – it matters
- **The Chief End of Man** –
“To Glorify God and Enjoy him Forever”